

## Options for positioning in PICU

### If making axilla splint in PICU, MUST:

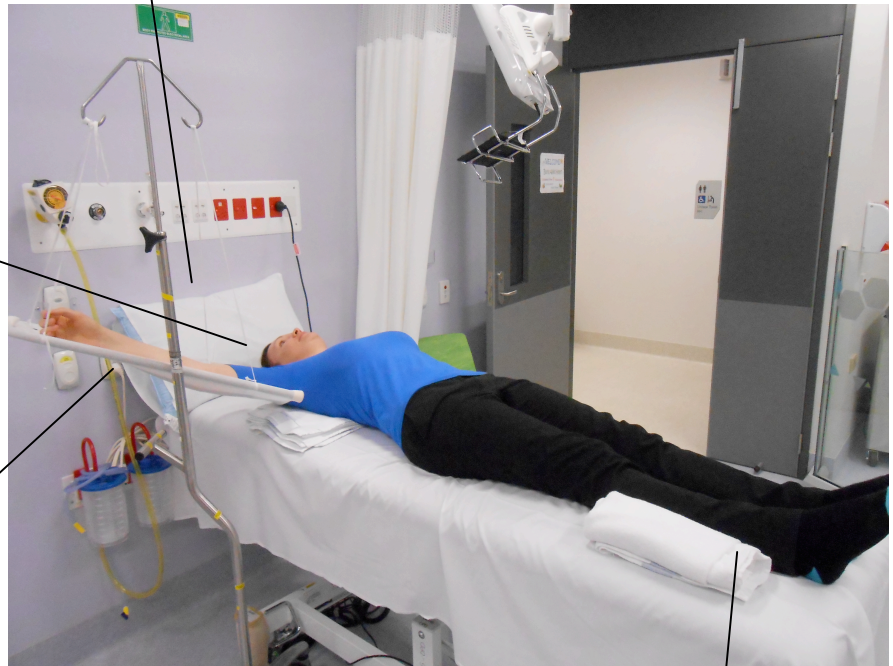
- 1) Gain consent from Consultant and document.
- 2) Ensure the chest is free/accessible to perform CPR if needed.
- 3) Do not bandage on around chest; try to secure by bandaging to arm/shoulder only. Can use velofoam strap around chest if need to.
- 4) Educate nursing staff.



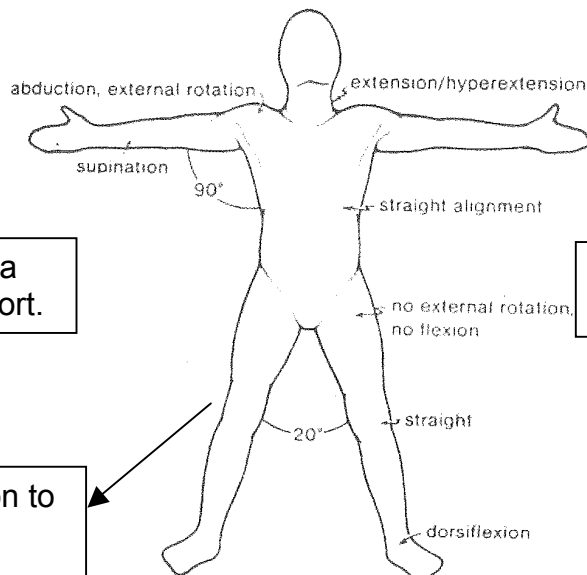
Aeroplane sling supporting UL in 90°→100° abduction, 10°-20° forward flexion. Can use aeroplane slings on their own or with axilla splint as well.



Neck in slight extension using towels/blanket under shoulders.



Hand/forearm resting in a neutral position for comfort.



Ideal anatomical position to be resting in to prevent contracture.



Support legs in neutral position; no 'frog legging'.